



Restricted Feeding Guideline

Some cats have such a strong psychological dependence on food that free choice feeding is not an option. For these cats, we recommend you feed a measured amount of food divided into two to three feedings a day. Give them their first feeding in the morning, another small portion when you arrive home from work and the remaining larger portion just before bed. This method works well and retrains many food obsessed cats to eat properly. Within three months, many of these food obsessed cats are able to transition to free choice feeding.

A 10 pound cat will generally consume between one level 1/4 cup and one rounded 1/4 cup of our food every 24 hours. The easiest method is to place the 1/4 cup in a zip bag (or the amount appropriate for your cat's weight) and divide this amount into 3 feedings. If your schedule does not allow you to feed three times a day, you can feed twice a day. A 1/4 cup may not seem like a lot, but because our food is nutritionally dense, it meets your feline's needs. If your cat begs for food, increase the amount you feed by a tablespoon. If your cat is experiencing soft stool, however, lower the amount you are feeding by a tablespoon. When making changes to the amount of food, allow two to three days for your cat's system to adjust. For any cat experiencing soft stool from overeating, it should clear up within 48-72 hours by using this method.

8 Pound Cat – Level 1/4 Cup (36g)
10 Pound Cat – Rounded 1/4 Cup (45g)
12 Pound Cat – Level 1/3 Cup (54g)
15 Pound Cat – Rounded 1/3 Cup (63g)
20-25 Pound Cat – Level 1/2 Cup (72g)

For Maine Coons and other giant breeds add 1/4 cup to each of above measures for 12 pounds and up.
(average consumption for 24 hours)

If you have questions as to the amount of food to feed your cat, please contact us.

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